

## Area Assembly Minutes for 1 November 2007

Meeting Group: **Wentworth Valley Area Assembly**  
 Meeting Date: **Thursday 1<sup>st</sup> November 2007**  
 Meeting Time: **4.00 pm**  
 Meeting Venue: **Maltby Full Life Christian Centre**

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**Chair:** **Cllr. Glyn Robinson**

**Present:**

Darren Smithson	-	RMBC, Area Partnership Manager
Mike Brown	-	Rotherham Primary Care Trust
Lesley Lockwood	-	Rotherham Primary Care Trust
Cllr. John Turner	-	RMBC Hellaby Ward 5
Kerry Epton	-	RMBC Learning Communities
Sam Rowley	-	RMBC Streetpride
Debbie Brashaw	-	2010 Rotherham Ltd
Ann Dickinson	-	East Maltby Neighbourhood Renewal Partnership
Alice Rodgers	-	Maltby Local History Society
David Guest	-	Wickersley Resident
Michael Clarke	-	Model Village Association
Jim Cobb	-	Hellaby Community Project
Jean Cobb	-	Hellaby Community Project
Jean Jones	-	Birks Holt Community Association
Maggie Tuxford	-	East Maltby Partnership
Ron Buck	-	Cliff Hills Residents Association
Kevin Hall	-	Maltby Mail
Keith Stringer	-	Maltby Town Council
Alex Laird	-	Maltby Town Council
Lynn Laird	-	Maltby Town Council

Apologies were received from P. Moss, J. Healey MP, Julie Wilkinson, Andy Wright, Sharon Maxwell, Paul Benson, Cllr. Amy Rushforth, Cllr. Brian Cutts, Cllr. Beryl Billington and Ted Milward

No.	Agenda Items	Action
1.	<p><b>Welcome, Introductions and Apologies</b>            Cllr Glyn Robinson welcomed everyone to the meeting and read out the apologies received.</p>	
2.	<p><b>Matters Arising</b></p> <p>The minutes of the meeting held on 6 September were agreed as a true and accurate record.</p> <p>DS announced that the event to launch the Young People's Area Assembly went very well and he thanked everyone for their support with particular thanks to the Children and Young Peoples Services staff from Maltby Linx for all their work in gathering all the questions, as well as organising and running most of the LDW activities in Wentworth Valley.</p> <p>The Young People now feel that they are finally having their voices heard and over the coming weeks the results will be published</p>	

GR said he had attended the launch and he wanted to record his thanks to the young people and everyone who took part in making the event a success.

AD suggested that it would be nice to thank the Young People in writing and DS assured her that this would be actioned.

The WVYPAA Coordinator meeting will now take place every two weeks in order to move things forward with all the various agencies.

The YPAA comprise of YP between ages 13-15 and DS hopes to host joint Adult and YP Area Assemblies in future on a regular basis so that the public can see what is happening.

Update on Paragraphs 2 and 3 of previous minutes

The website is ready, but has not yet been launched due to a bug in the authoring tool, this will hopefully be fixed in approximately a week's time.

We are now advertising the Area Assembly Meetings in the Maltby Mail as well as placing posters around the area e.g. in supermarkets and various other local businesses and currently we are looking at the budget in order to ascertain the possibility for us to place adverts in the wider press.

AR thought that the name Wentworth Valley needed to be changed as it is ridiculous and has no geographical or boundary meaning, so no one realises it applies to this area, and it would help greatly if a more suitable name could be found e.g. Roche Area, which has an historical meaning.

This was pointed out that whilst Roche would be a meaningful name for the Maltby Area it would not have the same effect in Wickersley, Hellaby and Bramley. Apparently the name Wentworth Valley was a combined name made from two council areas so it did not offend either MP.

GR thought that AR's opinion was not necessarily the view of everyone else. DG agreed and thought that Roche Valley as the given example would only be relevant to people who lived in Maltby.

DS replied that we were feeding in opinions to planners etc, however he felt that the name was only part of the problem for low attendance and in general people will only attend the meeting if they had a specific interest which directly affected them e.g. supertram which would have a very large attendance

DS pointed out that posters had been put up in all of the area Post Offices and several shops, supermarkets and other local businesses and approx. 200 invitations had been sent out to try and raise public awareness.

### **3. Presentation on Health Trainers by Lesley Lockwood PCT**

LL gave a Power Point Presentation on Health Trainers. These are people trained in order to help people achieve their goal e.g. eat a healthier diet, lose weight, do more exercise, stop smoking.

One example given was the following:-

If a client had a social barrier and felt that he/she would like to meet other people but had not got the confidence, then the HT would find a group/club etc. that the client would like to join and even attend with them for the 1<sup>st</sup> visit to help break the barrier.

The HT's are not there to give advice or opinions, but to discuss, support and agree the goal. HT's are supported by Rotherham PCT, if they feel a problem is out of their boundary the PCT will put them in touch with the appropriate professional.

There are 1,200 HT's across England and Wales, the Army currently have 400 and South Yorkshire have 122 of these 28 are based in Rotherham (22 paid positions and 6 voluntary mainly through MIND). There are no formal qualifications required to train as an HT, but they do require a genuine interest in helping to make the community a better place.

The ethos of the HT is:-

- To listen
- To support
- To signpost
- To empathise
- To give confidence
- To help empower

Clients can be self referral e.g. if they have seen an advert, referrals from Stop Smoking, MIND, Age Concern, District Nurses or G.P.'s

The service has been advertised on Rotherham Website and Social Services and also in Morrisons.

The service is not 24 hours, but the HT's try to be as flexible as possible and will be available until approximately 7pm on weekdays. However this service can be used entirely through Email or Telephone making it accessible for a client who works and therefore cannot be available during daytime hours.

Confidentiality is adhered to at all times and in line with standard terms and conditions. Each client is allocated their own HT by the PCT. The PCT will then ring the client in the first instance to tell them the name of their chosen HT, so they are aware of who will be contacting them. The client will then be required to give the following details to the HT – name, address, telephone number and the goal they hope to achieve. If any client is not happy with the HT allocated e.g. the HT lives on the same street, then another HT will be found.

The HT service is being looked at to link in with the council, if funding is cut with Age Concern and MIND

GR thanked LL for her time.

### **Presentation on PCT by Mike Brown**

Mike Brown is the Public Health Specialist linked the Wentworth Valley Area Assembly.

The PCT is 1 of 4 in South Yorkshire, with Sheffield, Barnsley and Doncaster being the other 3.

	<p>Mike did a short presentation on 3 health issues – smoking, obesity and alcohol abuse. Rotherham has successfully implemented the national ban on smoking but there are still high levels of smoking within the borough.</p> <p>The four main causes of death in the borough are mental health conditions, cardiovascular disease, cancer and respiratory diseases.</p> <p>The PCT and RMBC are looking at ways to reduce the harm from smoking across the borough and working towards a strategy for Rotherham 2008/10. There is to be a new walk in facility being built in Rotherham town centre.</p> <p>By Christmas there will be an NHS dentist in Maltby.</p> <p>There as also been the opening of Breathing Space on Badsley Moor Lane – the first specialist rehabilitation centre for people with Chronic Respiratory Disease.</p> <p>The PCT have a new service called Choose and Book, which allows you the freedom to choose your hospital or clinic and book an appointment with a specialist.</p> <ul style="list-style-type: none"> <li>• The choice from at least 4 hospitals.</li> <li>• The choice of the date and time of your appointment</li> </ul> <p>Any complaints regarding the PCT should be directed through their Patient Advice Line and not through the Area Assembly.</p>	
<p><b>4.</b></p>	<p><b>Workshop</b></p> <p>The workshop was based around “What issues around your area and what could PCT in conjunction with WVAA do to help resolve these”</p> <p>The issues concerned were – obesity, smoking and alcohol problems. The workshop comprised of 2 groups, MB 1 and DS the other.</p> <p>Each group discussed the various issues and the results were then read out:</p> <p><b>MB Group</b></p> <p><u>Obesity</u></p> <p>Fast Food outlets – too many and too readily available  Decline in cooking skills – parents too busy to teach children  Healthy eating in schools  Litter problems</p> <p><u>Alcohol</u></p> <p>Illegally sold to underage children and bought by adults for underage children  Too readily available  A need to be tougher on licence premises (e.g. off licences)  Leads on to obesity</p> <p><u>Smoking</u></p>	

	<p>Smoking shelters needed</p> <p><b>DS Group</b></p> <p>This group decided that it was too late to try and change the current generation as plenty of support is already available and therefore there was now a need to focus on young people by educating family members, leading by example and removing the glamour associated with smoking by using a full on approach and shock tactics (e.g. showing them diseased lungs and liver and introduced them to people who already have diseases).</p> <p>Licensing laws need zero tolerance, remove licences from those who break the law and fine those concerned and breaking the cycle.</p> <p>Obesity was to be dealt with by taking school back to basics, bringing back cookery lessons involving this with family learning, set up gardens at school to grow vegetables and then our agencies could commit to time to go into the schools and educate.</p> <p>KE gave notices for the following:-</p> <p>Monday 19 November 9.30am – 12 Noon - Maltby Community Library Fun Learning and Information Event</p> <p>Wednesday 28 November 10.30am – 12 Noon - Charles Foster Community Ctr. Maltby Community Learning Forum</p>	
	<p>Cllr. Glyn Robinson thanked everyone for their attendance and closed the meeting at 6pm.</p>	
<p><b>8.</b></p>	<p><b><u>Date, Time and Venue of the Next Meeting</u></b></p> <p><b>Thursday 24<sup>th</sup> January 2007 at 2pm.</b></p> <p><b>Wickersley Village Hall</b></p>	